



April 14, 2020 Consortium Meeting Minutes

Attendees: Alyssa Worsham, Angela Fitch, Anne Coglinese, Ashley Hammond, Beckie Lies, Becky Matanic, Becky Zakowski, Beth Temple, Brenda Matuszkiewicz, Brian Donoghue, Brian Mounts, Chris Nowak, Christine Ringle, Courtney Marek, Dalila Huerta, Denise Peters, Derrick Perry, Dezha Moore, Dory Lawrence, Elisabeth Jackson, Emily Robinson, Emily Rupchock, Erica Sun, Georges Prosper, Gretchen Kujawa, H.R. Jung, Heather Bell, Isias Solis, Jacqueline Beverly, Jacqueline Kronk, Jaime Murphy, Jana Humphreys, Jennifer Rutkowski-Smith, Jill Reagan, Jill Riedel, Jim Baxter, Jo Broden, John Pinter, Jose Alvarez, Joshua Diehl, Kate DeRolf, Kate Lubbers, Kelly Agee, Kent Laudeman, Kimberly Green Reeves, Kimberly Sims, Kristin Tawadros, Lori Smith, Maggie Gibney, Margaret Goldsmith, Margaret Jessup, Marissa Riley, Mark Geissler, Mary Fran Brandenberger, Mary Himschoot, Melissa Gard, Michalen Maternowski, Mixhi Marquis, Olivia Schneider, Rebecca Shetler-Fast, Robin Vida, Sandi Pontius, Sara Maloney, Sarah Mak, Savino Rivera, Sharon Burden, Sharon McBride, Sharon Szymanski, Sienna Hurley, Stephanie Steward-Bridges, Stuart Greene, Tessa Sutton, Theresa Horn, Velshonna Luckey, Veridiana Cavalcante, Yessica Lawson

Welcome & Orientation to Meeting Navigation

Becky Zakowski, SJC Cares Coordinator, welcomed attendees. H.R. Jung provided a brief Zoom navigation orientation to attendees. Attendees were encouraged to use the Chat feature for questions.

Guest Presentation: SCAN Community Partners

Jennifer Rutkowski-Smith of SCAN (Stop Child Abuse Now) provided a presentation about their Community Partners program. This is a short-term home-based case management program with the over-arching goal of preventing child abuse and avoiding DCS involvement, and a secondary goal of connecting families to local resources for on-going support. There is broad eligibility and no income requirements or citizenship requirements, but they avoid duplicating services that families may be receiving from other organizations and programs such as DCS or the JJC. Referrals can be made by anyone, including the family themselves, through this link: www.scaninc.org/ncp/referral. Participation by families is voluntary and services provided by Community Partners are varied and customized to their needs, whatever they may be. The program is funded by The Department of Child Services, and there is no cost to families to participate. During Covid-19 restrictions, case management is also being provided virtually. There is a South Bend office, and we are part of Region 3 which includes Elkhart, Marshall, and Kosciuszko Counties.

New Resource: My Strength

Dory Lawrence, Training Manger with Oaklawn, shared MyStrength, a digital self-help resource. While some of the applications have clinical uses, others are self-care promoting. Oaklawn's license allows them to share the self-care resources with staff and community members. MyStrength is accessible through a website and a digital app. There is complete confidentiality with use – Oaklawn will not be using any community member data beyond the number of people who are utilizing the resource. Examples of topics include but are not limited to substance use disorders, anxiety, parenting, trauma, and life topics. There are also resources to be used during Covid-19. It can be accessed through the MyStrength website, Oaklawn's website, or SJC Cares' website. To register, individuals should use their email address and the code Oaklawncommunity.

Census 2020 Update

Jackie Beverly provided an update on the 2020 Census. SJC has 66 Census tracts. Fortunately, people are able to self-respond via the Internet. Hope was to be at 51 response rate to be on track at this time. The

high in SJC is 71% reporting from one tract, and the low is 28.8% in another tract. Student housing and low-income housing present unique challenges. The tool used by the Census to look at the tracts is called Roam. It is now more important than ever for people to complete the Census. All categories of response phases have been pushed back due to Covid-19. Nationally, timing has been pushed back to wrap up by mid-August but may be pushed further back depending upon how long social distancing and stay at home orders are recommended. The Census is still hiring workers, and people can apply via the census.gov website; SJC is staffed at 69% of what's needed; hourly rate is 18.50.

Health Department Update: Covid-19

Robin Vida of SJC Health Dept. provided an update. Stressed that mitigation strategies such as extreme social distancing, hand-hygiene, cough etiquette and staying home when not feeling well are essential. These measures are still important and must be continued with full effort in order to move forward. Seeing progress due to the mitigation strategies in St. Joe County. The peak is not expected in SJC for a few weeks. Also important to follow credible information; local news stations are all doing a great job. Follow SJC Dept of Health Facebook page for updates; Dr. Fox is expected to provide weekly updates starting next week. Great to see generous community response and strength that has been found during this time. Questions and concerns, reach out to Robin or call 2-1-1 which refers to many different local resources. City of South Bend has been piloting a dashboard on their website. Best way to deter bad information is to push out the good information.

Community Updates

United Way: Velshonna Luckey shared that UW's Response & Recovery Fund for SJC has grown from 400K to 1.2 million dollars. 60 organizations have been funded; the application process is for non-profit organizations, not individuals. Stressing that this is recovery and response – needs are going to continue to change. UW is convening organizations who are serving individuals to be aware of the needs and supporting the agencies who are meeting the most critical needs at this time. Priority areas for funding will continue to evolve as needs are revealed. Current priorities are basic needs such as food and shelter (rent). One aim of meeting these basic needs is keeping the community at a lower stress rate. UW is grateful for the support. Also encouraging people to buy the South Bend Side-by-Side t-shirts which are available on SB Venues Parks and Arts website; proceeds support the United Way fund and local food providers.

Select Health Network: Jaime Murphy shared that SHN is the Physician Health Network for SJ Health System. SHN partners with SJHS and is part owner. They also provide the nurse care managers who are connected to St. Joe Health System. Part of Jaime's role is communicating resources for over 800 local providers and she is putting together a resource sheet and anyone who'd like to have information about their organization shared can contact Jaime. She will share the sheet she has put together with the consortium. People can also be added to Jaime's email list to receive regular communications from Select Health Network.

Five Star: Katie Lubbers announced that Five Star's video series on topics such as self-awareness, self-management, relationship skills, and responsible decision-making are available for individuals and organizations to access on Five Star's website. Three new lessons are released each week; all include reflection activities and these are a great tool for families to use. Content is designed for adolescents but may also be relevant for adults as well as younger children. There is an e-mail template to share the information about this programming with others that includes all of the links. Five Star's Summit Campus will be resuming programming as soon as it is safe and responsible for them to do so. Five Star also does a live stream each week and has online tutoring available for parents who may need assistance with e-learning.

SJC Cares Update

SJC Cares will be receiving local calls from 2-1-1 that fall into a service area gap; this will help our SOC stay abreast of what people are facing in this time of daily changes. SJC Cares members have been trained in virtual Parent Café methodology and plan to pilot a virtual Café on April 21. This pilot will be for SJC Cares

members and friends and is intended to further prepare our consortium to offer Parent Cafes to the general public; people who'd like to be a part of this should let Becky know of their interest. LivingWorks has a new online hour long suicide prevention program called Living Works Start. There is a \$20 fee to take the course; Becky has a course link that is specific for SJC Cares members and friends; if people use that link to access the course, \$5.00 of the training fee will be returned to SJC Cares. This is the link:

<https://shopusa.livingworks.net/discount/T-39725?redirect=%2Fproducts%2Flivingworks-start>; feel free to share with others.

Margaret Jessop is offering free 45-minute intro to Hornets and Hippos workshops. These address concepts that help school-aged youth manage anxiety; initial workshops will be on April 14 and 21; more workshops will be offered in the future. Workshops are intended for youth and caregivers to attend together. Melissa Gard Work One sent information about filing for unemployment benefits that will be shared with attendees after the meeting. SJC Cares is going to be offering SJC Cares Agenda-Free Hangouts which are hour-long informal zoom gatherings that provide an opportunity for SOC members to connect and process needs and resource as the Covid-19 crisis continues to evolve. The first one will be Monday, April 20 from 3:00 – 4:00 p.m. and we plan to offer these weekly. Members are encouraged to contact Becky with information they would like to have shared on SJC Cares' Facebook page; traffic and followers are trending up.

Questions and Answers

Jaime Murphy will share information about virtual Narcotics Anonymous meetings. The Alcohol & Addiction Resource Center has information about SA resources on their website.

Sienna Hurley with the South Bend Mayor's Office can be contacted with information organizations would like to have shared on the City of South Bend's website (sjhurley@southbend.in.gov) and there is a form on the city's website that can be completed to suggest resources.

MHAM's Jessica Gonzalez is presenting a free webinar: Emotional Well Being During Isolation on April 15 at 12:00 noon. More information: yessicangt@gmail.com

Beacon Health System will be providing mobile testing for Covid-19 in underserved areas of our community starting April 15. Tests are free; information about locations is on Beacon's website and will be updated regularly.

Georges Prosper shared that approval has been granted to provide ACES training remotely and there will soon be a resiliency Powerpoint available to be shared as well. People who'd like more information on the training can contact Georges (gprosper@beaconhealthsystem.org).

Kent Lauderman, Director of the Suicide Prevention Center of UHS, announced a Suicide Survivors Support Group which will be offered remotely on the last Tuesday of the month at 6:30 p.m. Contact Kent for more information: klaudeman@uhs-in.org