

## SJC Cares Consortium Meeting Minutes

Attendees: Margaret Goldsmith, Kim Sims, Joshua Diehl, Rajni Shankar Brown, Janet Whitfield Hudek, Christine Pochert, Ellen Williams, Mary Himschoot, Derick Patty, Sgt. Daniel Banicki, Tamika Saunders, Kate DeRolf, David Wiegner, Charles King III, Kecia Blakely, Terri Zornig. Jenny Sanders, Dalila Huerta, Janet Brooks, Maribel Sida, Krista Yoder, Theresa Horn, Derrick Perry, Mary Fran Brandenberger, Deslynne Roberts, Dezha Moore, Stacey Garcelon, Randi Irwin, Norah Alwalan, Sandi Pontius, Elisabeth Jackson, Moshe Kruger, Brian Mounts, Kent Laudeman, Allie Sobieski, Sandra Senator, Courtney Marek, Erica Sun, Maggie Gibney, Frank Spesia, Nia Parillo, Chloe Mattiford, Amanda Torres, Olivia Western.

- Guest attendee Dr. Rajni Shankar-Brown presented Renewal: Understanding and Preventing Compassion Fatigue . Dr. Shankar-Brown is an Executive Board Member of the National Coalition for the Homeless, a Professor and Endowed Chair of Social Justice Education with Stetson University, and is the founder and co-director of Acts of Kindness and Justice. Her presentation was made possible by Indiana Youth Institute. It was not recorded but a copy of the Powerpoint is available through SJC Cares.
- Member Poll: 34 participants voted on future meeting options. 68% prefer a hybrid model such as two virtual meetings and one in-person meeting per quarter. 18% prefer all virtual and 15% prefer all in-person. 94% voted in favor of adding a quarterly in-person networking event held later in the work day.
- Member Updates & Announcements. The following announcements were shared during and after the meeting:
  - PARENT CAFÉ: Parenting Unmasked Parent Café has a new date: June 30, 2021. This collaboration between SJC Cares and the YMCA of Greater Michiana includes a free dinner for families and childcare/ fun fair activities for kids while parents participate in the Café. The event is **open to all families**, but the Café is limited to 30 participants. People can register here: <u>https://www.sjccares.org/events-manager</u> This opportunity is made possible through a United Way of SJC HELLO SUMMER! Grant
  - School City of Mishawaka's One Day in the Sun: Take A Mental Health Day is this Saturday, June 19 from 11:00 a.m. 2:00 p.m. at Central Park. Over 20 vendors with activities and give-aways for the whole family will be there. Visit School City of Mishwaka's Facebook page for a shareable post to help get the word out and see the attached flier.
  - Talk with Your Baby, a program of The Robinson Community Learning Center, is hosting Reading in the Park on Friday, June 25 at Kelly Park (720 Howard St., S. Bend) from 11:00 a.m. 2:00 p.m. Free book give-aways and more; families should bring a blanket. See the flier accompanying this email for more info and please share!
  - **Purdue Extension** and the **New Carlisle Public Library** are presenting a Virtual 5K for anyone at any age & fitness level. Those who enter their time receive a participation ribbon and there are prizes for various age groups. The race begins June 21 and

ends June 27. Sign up : <u>https://bit.ly/Virtual5K-St-Joe-County</u> ; more information call 574-235-9605 or email <u>owestern@purdue.edu</u> or <u>nkesler@purdue.edu</u>

- Mental Health Awareness of Michiana is hiring a Project Coordinator for the Pro-Bono Counseling Project. The job description is attached; Interested applicants should submit a cover letter, resume, and three professional references to: <u>MHA.Michiana@gmail.com</u>
- SAMHSA's National Training & Technical Assistance Network would like to hear from you about strategies YOU would find helpful to better understand trauma and trauma-informed care, as well as to address grief, loss, and trauma in our children, young people, and families. Share your voice here: <u>https://myemail.constantcontact.com/We-d-Like-to-Hear-from-You-</u>. <u>html?soid=1101289295579&aid=HcYA1Hk 178</u>
- Girls on the Run Michiana is hiring! The three part-time (12-15 hour/week) positions are Events & 5 K Coordinator, Digital Media Specialist, and Program Coordinator. More information & job descriptions are available at <a href="https://www.girlsontherunmichiana.org/our-organization">https://www.girlsontherunmichiana.org/our-organization</a>
- This webinar about empathy is shared with us by SJC Cares member Derrick Patty of IUSB's Disability Support Services Department: <u>Webinar - The Importance of</u> <u>Empathy (vimeo.com)</u>.

Next meeting: July 13, 2021