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# Behavioral Health Services in St. Joseph County

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## Options

**Memorial Epworth:** 24/7 inpatient care

**Oaklawn Psychiatric Center:** Outpatient, community-based services, by appointment

**Private clinicians:** Outpatient, by appointment

## Questions to ask yourself

First, rule out any physical health concerns.

1. Are they a danger to themselves or others, suicidal or homicidal?
2. Are they significantly impaired, i.e., not able to eat, shower or care for themselves?
3. Have they lost touch with reality? Are they having delusions, hallucinations and breaks from reality?

## Did you answer "yes" to the above questions?

If so, Memorial Epworth Center is the best place to receive services. They will provide the individual with a level of care assessment and determine the appropriate level of care.

Memorial Epworth is located at 420 N. Niles Avenue, South Bend, Indiana 46617. Or call 574-647-8400.

## Did you answer, "no"?

If you answered "no" to the above questions, Oaklawn or a private clinician is the best place to receive services.

Contact Oaklawn at 574-283-1234 or 800-282-0809 and ask to speak to the Access Center. An Oaklawn representative will explain all available programs, schedule an assessment and assist you with scheduling your first appointment. In addition, they will be able to refer to private clinicians in the community.

\* Urgent cases will be given the next available appointment, usually within 24 hours.

## Not sure?

It is often challenging to understand an individual's mental health needs and assist them in receiving services.

Oaklawn can help. Oaklawn's Access Center not only schedules clients, but also is available to answer questions, assess situations and help you develop a plan of action.

## Not ready for services

As challenging as it is to understand someone's needs, it can be even more frustrating if they refuse services.

Here are some things you can do to help:

1. Help the individual call the organization providing services. They may feel more comfortable with your help.
2. Attend their initial assessment with them.
3. Let the organization know what you need from them.
4. Reach out to NAMI, a local organization that supports those experiencing mental illness, their families and friends.

## Financial options

Behavioral health organizations are usually able to accept the following:

Medicare  
Medicaid  
Insurance

In addition, many organizations offer ability-to-pay scales that can make services extremely affordable. Other resources may be available, as well.

Memorial  
**EPWORTH CENTER**<sup>SM</sup>

 **BEACON HEALTH SYSTEM** Care Partner

[www.qualityoflife.org/epworthcenter](http://www.qualityoflife.org/epworthcenter)  
574-647-8400



**OAKLAWN**

Toward Health & Wholeness

[oaklawn.org](http://oaklawn.org)  
574-283-1234  
800-282-0809

