



## August 11, 2020 Consortium Meeting Minutes

Meeting Time: 8:30 a.m., held over Zoom

**Attendees:** Cheryl Camacho, Maggie Gibney, Isaias Solis, Mary Fran Brandenberger, Margaret Goldsmith, Maribel Sida, Becki Fulmer, Sheryl Decker, Denise Peters, Sharon Szymanski, Kent Laudeman, Mary Himschoot, Kimberly Green Reeves, Emily Robinson, Margaret Jessop, Kate DeRolf, Jennifer Diaz, Amanda Torres, Debra Stanley, Duane Wilson, Jacqueline Beverly, Kristin Tawadros, Megan Dale, John Pinter, Daniel Banicki, Humberto Delgado, Derrick Perry, Christine Pochert, Elisabeth Jackson, Robin Vida, Dezha Moore, Terri Zornig, Lisa Kelly, Tom Grant, Mattiford, Chloe, H.R. Jung, Savino Rivera, Eilleen Kalman, Beth Temple, Christine Nowak, Derrick Patty, Sarah Bailey, Kimberly Sims, Bradley Largent, Melissa Gard, Josh Long, Dalia Huerta, Jenny Sanders, Sandi Pontius, Issac Hunt, Kathy Walker, Nia Parillo, Velshonna Luckey, Kelly Agee, Emily Rupchock, Sara Maloney

**Welcome:** Becky Zakowski, SJC Cares Coordinator, welcomed attendees and shared the agenda.

**Mental Health Awareness Michiana Update:** Lisa Kelly shared Mental Health America of Michiana's fall program schedule, which includes: Understanding Implicit Bias; Connecting Mental Health & Well-being with Maternal Outcomes; A Maternal Mental Health Symposium; An Evidence-Based Approach to Suicide Risk Assessment & Management; and To Infancy and Beyond: Healthy Attachment and the Function of a Secure Base. Dates and registration information can be found at <https://www.mhamichiana.org/>

**South Bend Empowerment Zone:** Dr. Cheryl Camacho, Zone Chief with the South Bend Empowerment Zone, provided a presentation on the Empowerment Zone's 4-year plan. Schools who are a part of SBEZ are Navarre Middle School and Elementary Schools Harrison, Coquillard, Wilson and Warren.

**Schools and E-learning Supports:** Duane Wilson, COO with Boys and Girls Club of SJC, provided an update of their plan to provide e-learning support for families. Becky Zakowski shared information about United Way of St. Joseph County's intention to convene all parties interested in e-learning at a meeting on August 14. SJC Cares member organization Families First Center is seeking e-learning partnerships.

**Census 2020:** Jackie Beverly updated the consortium on the Census. They are working hard to reach those who have not yet participated in the 2020 Census! She shared information on Mobile Questionnaire Events and a document on essential services in Indiana that will be adversely affected by insufficient census counts.

**Ready to Grow St Joe:** Emily Rupchock announced RTGSJ is hosting a virtual Conscious Discipline training for educators, early learning professionals, and other supportive roles. The course is a deeper dive into how to build resilience in the midst of the unknown. 2 Identical events on upcoming Saturdays, registration here: <https://www.eventbrite.com/o/ready-to-grow-st-joe-12747146759>

**SJC Cares Update:** Becky Zakowski shared information about SJC Cares Strategic Priorities that resulted from Strategic Planning. The priorities are Engaging the Community and SOC Partners; Youth and Family Involvement; Building Resiliency; and Diversity and Inclusion. Committees to

implement the plans are Outreach, Parent Advisory, Diversity and Inclusion, and Building Resiliency, H.R. Jung is leading Diversity & Inclusion; we are currently seeking a leader for Building Resiliency. Anyone interested in joining a committee should reach out to Becky to share their interest. H.R. Jung spoke briefly about the Diversity and Inclusion Committee. Committee leaders are also members of SJC Cares Executive Committee.

Member Announcements: Please see below for additional information shared during the meeting:

1. Families First Center is exploring opportunities to provide an E-Learning support program for students and families; they have the space and staff and are seeking community partners with a potential interest in collaborating. To learn more contact Director Kelly Agee: [kagee@familiesfirstcenter.org](mailto:kagee@familiesfirstcenter.org)
2. Early Learning Connections (of Geminus) is providing resources and referrals for families in need of childcare. Free family workshops and sharing of resources. They will soon be sharing information about grant opportunities for childcare providers on their Facebook page. You can also connect with Early Learning Connections on Instagram and Twitter (in addition to FB).
3. September is Suicide Prevention Month. Suicide Prevention Week is September 6-12, and Suicide Prevention Day is September 10. The Suicide Prevention Center of United Health Services is hosting a virtual 10k, 5K, and Walk (at your convenience September 1 – October 31). Visit <https://www.uhs-in.org/programs/suicideprevention> for more info and contact director Kent Laudeman: [klaudeman@uhs-in.org](mailto:klaudeman@uhs-in.org) with questions.
4. Smoke Free St. Joe currently has a petition on Change.org: *I Support Smoke-Free Air for St. Joseph County*. To sign the petition, visit <https://www.change.org/p/st-joseph-county-council-i-support-smoke-free-air-for-st-joseph-county>
5. Census workers are working hard to reach those who have not yet participated in the 2020 Census! Please see the attached documents for information on Mobile Questionnaire Events and how you can support them, and a study that reflects funds for essential services in Indiana negatively impacted by insufficient counts. Also – there are still opportunities for local work with the Census during these last few weeks of information gathering. For more information contact Jackie Beverly: [Jacqueline.m.beverly@2020census.gov](mailto:Jacqueline.m.beverly@2020census.gov)
6. Ready to Grow St. Joe is hosting a virtual Conscious Discipline training for educators, early learning professionals, and other supportive roles. The course is a deeper dive into how to build resilience in the midst of the unknown. 2 Identical events on upcoming Saturdays, registration here: <https://www.eventbrite.com/o/ready-to-grow-st-joe-12747146759>
7. Margaret Jessop's August free & virtual parenting class is August 12; this month's main topic: Helping Kids Understand why Getting Stuck in Learning is Actually a Good Thing. Register: <https://us02web.zoom.us/meeting/register/tZApd-yorD8pHNGalofwNma9WsfqVZt6rSU2>

8. Oaklawn invites you to join us for “Transforming Trauma: How to Do This Work and Sustain” from 9-11 a.m. on September 11 via Zoom. This training is free, and it is the first in a series of trainings between September and October, and you can sign up for related trainings at [www.oaklawn.org/events](http://www.oaklawn.org/events). Featured speaker is Laura van Dernoot Lipsky, founder and director of The Trauma Stewardship Institute. This training and discussion will offer practical tools to help us sustain, individually and collectively, in the face of the secondary trauma and overwhelm in our work, the pandemic, and the current national focus on systemic oppression. Clinicians who complete this training will receive 2 CEUs. Register: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07egw1qhm99e797786&oseq=&c=&ch=>
9. Events corresponding with SJ CPL’s ‘Relevant Reads’ featuring The Body Keeps the Score are now up and available for registration on Facebook. First event in this series of five Tuesday evening sessions featuring local presenters on trauma, resilience, and resources is Tuesday, September 22. To register go to <https://www.facebook.com/events/718427188734995>
10. SJC Cares announces new committee opportunities! Please let Becky Zakowski ([rebecca.zakowski@oaklawn.org](mailto:rebecca.zakowski@oaklawn.org)) know ASAP of your interest in joining any of the following:
  - a. Outreach Committee
  - b. Diversity and Inclusion Committee
  - c. Resilience CommitteeAND – please let Becky know if you or anyone who’d be interested in participating in our Parent Advisory Committee (individuals raising youth ages 3-20 in St. Joseph County, not employed in the social services field)
11. AT& T is offering low-cost WI-FI with no deposit, installation fee, no data overage fees and no annual commitment to many including households with at least one resident who participates in SNAP, National School Lunch Program, or Headstart. Offer stands at least through 9/30/2020 – for more information please visit [att.com/access](http://att.com/access) or call 1.855.220.5211.
12. One Love Community Circle is presenting an Art in the Park program: ‘I’m the Drum! You’re the Drum! We’re the Drum!’ – this Saturday, August 15, from 2-4:30 p.m. at Potato Creek State Park Beach. (Rain date September 12.) Social distancing guidelines will be in adherence.

*Next Meeting: Tuesday, September 8, 2020  
8:30 a.m.*

